

# Year 8

## PSE/Health and Well-Being

Lesson Number	Title	Date Completed
1	Organised Problem Solving	
2	Open Character	
3	Closed Character	
4	Human First	
5	Growth Mindset?	
6	No mistakes = No Progress	
7	Personal Growth and Opportunities	
8	There's no 'I' in team	
9	Thoughts – Words – Deeds – The Feel Good Factor	
10	Difference is a good thing	
11	Debating to help communication	
12	Social Media	
13	Cyber bullying	
14	Initiative in my learning	
15	Routes to work	
16	Stigma	
17	Positivity	
18	Kindness – Thinking outside the box	
19	Audience Awareness	