

## DENBIGH HIGH SCHOOL MENU

<b>WEEK 1</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>Main Meal</b>	Chinese Day ———— Sweet & Sour Meatballs	BBQ Chicken	Savoury Mince in a large Yorkshire pudding	Gammon Steak with Pineapple	Battered Fish
<b>Main Meal 2</b>	Hoi Sin Chicken & Broccoli with noodles	Beef Chilli & Rice	Bangers & Mash	Mince & Potato Pie	Welsh beef burger
<b>Available Daily</b>	Jacket Potato Bar Fasta Pasta Salad Bar Assorted Pasta Pots	Jacket Potato Bar Fasta Pasta Salad Bar Assorted Pasta Pots	Jacket Potato Bar Fasta Pasta Salad Bar Assorted Pasta Pots	Jacket Potato Bar Fasta Pasta Salad Bar Assorted Pasta Pots	Jacket Potato Bar Fasta Pasta Salad Bar Assorted Pasta Pots
<b>Carbohydrate</b>	Rice	Loaded Potato Skins ———— Pasta	Creamed Potatoes	Roast Potatoes	Chipped Potatoes
<b>Vegetables</b>	Baked Beans ———— Oriental Vegetables	Baked Beans ———— Corn on the cob	Baked Beans ———— Mixed Country Vegetables	Baked Beans ———— Cauliflower Cheese Fresh Carrots	Baked Beans ———— Garden Peas
<b>Pudding of the day</b>	Fruit Biscuit	Fruit Biscuit	Fruit Biscuit	Fruit Biscuit	Fruit Biscuit
<b>Assorted Sweets</b>	Various Homemade Cakes Llaeth Y Llan Yoghurt Fresh Fruit Assorted Sponge Krispie Cake Flap Jack Fruit Pots	Various Homemade Cakes Llaeth Y Llan Yoghurt Fresh Fruit Assorted Sponge Krispie Cake Flap Jack Fruit Pots	Various Homemade Cakes Llaeth Y Llan Yoghurt Fresh Fruit Assorted Sponge Krispie Cake Flap Jack Fruit Pots	Various Homemade Cakes Llaeth Y Llan Yoghurt Fresh Fruit Assorted Sponge Krispie Cake Flap Jack Fruit Pots	Various Homemade Cakes Llaeth Y Llan Yoghurt Fresh Fruit Assorted Sponge Krispie Cake Flap Jack Fruit Pots