

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal</b>	Ocean Pie with Peas and Carrots	Chicken Supreme	Pasta Bolognaise	Roast Ham and Pineapple	Chicken Chow Main
<b>Choice</b>	Sausage and Gravy	Chilli Con Carne	Chinese Pots/ Sausage	Macaroni Cheese	Battered Fish
<b>Available Daily</b>	Homemade Soup of the Day with Bread Roll Fresh Pasta Pots Pizza Slice Jacket Potato Bar	Homemade Soup of the Day with Bread Roll Fresh Pasta Pots Pizza Slice Jacket Potato Bar	Homemade Soup of the Day with Bread Roll Fresh Pasta Pots Pizza Slice Jacket Potato Bar	Homemade Soup of the Day with Bread Roll Fresh Pasta Pots Pizza Slice Jacket Potato Bar	Homemade Soup of the Day with Bread Roll Fresh Pasta Pots Pizza Slice Jacket Potato Bar
<b>Starchy Alternative</b>		Rice	Tomato & Herb Bread	Oven Baked Roast Potatoes.	Noodles Garlic & Herb Bread
<b>Vegetables</b>	Peas and Carrots	Sweet Corn	Broccoli	Cauliflower Cheese Fresh Carrots	Side Salad Mushy Peas
<b>Salad</b>	Help Yourself Salad Bar	Help Yourself Salad Bar	Help Yourself Salad Bar	Help Yourself Salad Bar	Help Yourself Salad Bar
<b>Pudding of the Day</b>	Chocolate & Pear Sponge with Chocolate Topping	Apple Pie and Custard	Fruit Trifle	Piece of Fresh Fruit	Fruity Krispie
<b>Assorted Sweets &amp; Fruit Available Daily</b>	Yoghurt Fresh Fruit Cheese & Biscuits Assorted Sponge Krispie Cake Flap Jack	Yoghurt Fresh Fruit Cheese & Biscuits Assorted Sponge Krispie Cake Flap Jack	Yoghurt Fresh Fruit Cheese & Biscuits Assorted Sponge Krispie Cake Flap Jack	Yoghurt Fresh Fruit Cheese & Biscuits Assorted Sponge Krispie Cake Flap Jack	Yoghurt Fresh Fruit Cheese & Biscuits Assorted Sponge Krispie Cake Flap Jack

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal</b>	Tuna Neapolitan	Chilli Con Carne	Beef Casserole	Roast Chicken, Gravy	Turkey Curry
<b>Choice</b>	Lasagne	Spicy Chicken Portion	Sausage, Chinese Pot	Home made Beef Pie and Gravy	Battered Fish
<b>Available Daily</b>	Homemade Soup of the Day with Bread Roll Fresh Pasta Pots Jacket Potato Bar Pizza Slice	Homemade Soup of the Day with Bread Roll Fresh Pasta Pots Jacket Potato Bar Pizza Slice	Homemade Soup of the Day with Bread Roll Fresh Pasta Pots Jacket Potato Bar Pizza Slice	Homemade Soup of the Day with Bread Roll Fresh Pasta Pots Jacket Potato Bar Pizza Slice	Homemade Soup of the Day with Bread Roll Fresh Pasta Pots Jacket Potato Bar Pizza Slice
<b>Potato /Product</b>		Oven Baked Potato Wedges	Creamed Potatoes	Oven Baked Roast Potatoes	Chipped Potatoes
<b>Starchy Alternative</b>	Pasta Twists Garlic & Herb Bread	Boiled Rice	Crusty Bread Roll		Boiled Rice Naan Bread
<b>Vegetables</b>	Peas & Sweet corn	Baked Beans Mixed Vegetables	Cauliflower	Fresh Carrots Broccoli	Mushy Peas Side Salad
<b>Salad</b>	Help Yourself Salad Bar	Help Yourself Salad Bar	Help Yourself Salad Bar	Help Yourself Salad Bar	Help Yourself Salad Bar
<b>Main Sweet of the Day</b>	Piece of Fresh Fruit	Sticky Toffee Apple Pudding & Toffee Sauce	Fruit Crumble & Custard	Granola Bar	Chocolate & Mandarin Muffin
<b>Assorted Sweets &amp; Fruit Available Daily</b>	Yoghurt Fresh Fruit Cheese & Biscuits Assorted Sponge Krispie Cake Flap Jack	Yoghurt Fresh Fruit Cheese & Biscuits Assorted Sponge Krispie Cake Flap Jack	Yoghurt Fresh Fruit Cheese & Biscuits Assorted Sponge Krispie Cake Flap Jack	Yoghurt Fresh Fruit Cheese & Biscuits Assorted Sponge Krispie Cake Flap Jack	Yoghurt Fresh Fruit Cheese & Biscuits Assorted Sponge Krispie Cake Flap Jack

WEEK3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal</b>	Turkey Meatballs	Cottage Pie, Gravy	Spanish Chicken	Roast Pork Apple Sauce & Gravy	Battered Fish
<b>Choice</b>	BBQ Chicken Flat Bread	Fish Fingers	Chinese Pot Sausage and Gravy	Chicken Korma	Lasagne
<b>Available Daily</b>	Homemade Soup of the Day with Bread Roll Fresh Pasta Pots Jacket Potato Bar Pizza Slice	Homemade Soup of the Day with Bread Roll Fresh Pasta Pots Jacket Potato Bar Pizza Slice	Homemade Soup of the Day with Bread Roll Fresh Pasta Pots Jacket Potato Bar Pizza Slice	Homemade Soup of the Day with Bread Roll Fresh Pasta Pots Jacket Potato Bar Pizza Slice	Homemade Soup of the Day with Bread Roll Fresh Pasta Pots Jacket Potato Bar Pizza Slice
<b>Potato /Product</b>	½ Jacket Potato	Creamed Potatoes		Roast Potatoes	Chipped Potatoes
<b>Starchy Alternative</b>	Pasta Shells Garlic Bread		Rice Home Made Bread Roll	Rice	Pasta
<b>Vegetables</b>	Baked Beans	Cauliflower & Broccoli	Side Salad	Fresh Carrots Green Beans	Mushy Peas
<b>Salad</b>	Help Yourself Salad Bar	Help Yourself Salad Bar	Help Yourself Salad Bar	Help Yourself Salad Bar	Help Yourself Salad Bar
<b>Main Sweet of the Day</b>	Citrus Cupcake	Cranberry Cornflake Cookie	Chocolate Sponge	Spiced Fruit Sponge & Custard	Fruit Shortbread Fingers
<b>Assorted Sweets &amp; Fruit Available Daily</b>	Yoghurt Fresh Fruit Cheese & Biscuits Assorted Sponge Krispie Cake Flap Jack	Yoghurt Fresh Fruit Cheese & Biscuits Assorted Sponge Krispie Cake Flap Jack	Yoghurt Fresh Fruit Cheese & Biscuits Assorted Sponge Krispie Cake Flap Jack	Yoghurt Fresh Fruit Cheese & Biscuits Assorted Sponge Krispie Cake Flap Jack	Yoghurt Fresh Fruit Cheese & Biscuits Assorted Sponge Krispie Cake Flap Jack